



Board Certification in Hormone Therapy

The international hormone therapy exam and certification which helps physicians increase their expertise in hormone therapy.

Why should you take this exam?

- | To **improve your medical skills** in hormone therapy to better help patients.
- | To receive **official acknowledgement** for your hormone therapy skills from an international medical and scientific organization, the International Hormone Society.
- | To **feel good**; the exam provides satisfaction, pleasure, and pride in mastering basic and advanced skills in hormone therapy.

Learning objectives

The board certification in hormone therapy **focuses on helping physicians successfully treat hormone-deficient patients with 12 types of hormone therapies.**

- | Learn to **diagnose 12 types of hormone deficiencies and excesses** via medical history, symptoms, physical signs, and lab tests (including their interpretation).
- | Learn to adequately **treat these hormone deficiencies** by various administration routes without overdosing.
- | Learn how to **optimize hormone conditions** with lifestyle and diet adjustments.
- | Learn tips that **make the treatments efficient and safe.**
- | Learn how to **follow-up patients taking hormone treatments** and solve follow-up problems efficiently.

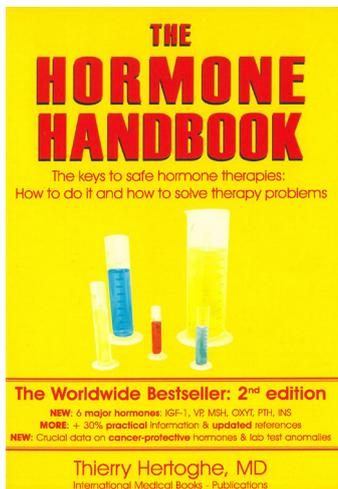
Conditions to obtain the Board Certification

- | Be a **licensed physician** and send us your medical doctor's diploma.
- | **Study the two books** (*The Hormone Handbook* and *The Atlas of Endocrinology*).
- | **Successfully pass the exam** with a score of at least 60%.

Learning material

All the necessary information for the exam is included in **The Hormone Handbook** and **The Atlas of Endocrinology**. Twelve of the eighteen hormone deficiencies and their therapies must be studied for the exam.

We estimate that an inexperienced physician will need 150 to 200 hours of study, and an experienced physician will need between 100 to 140 hours of study.



This international practical hormone therapy bestseller for physicians reviews in detail the most important hormone therapies. The book's second half contains **extensive lists of scientific references**, including references on major controversies, for the application of each hormone therapy for mind, body, disease, and lifespan. Only the material in the first half is part of the exam.

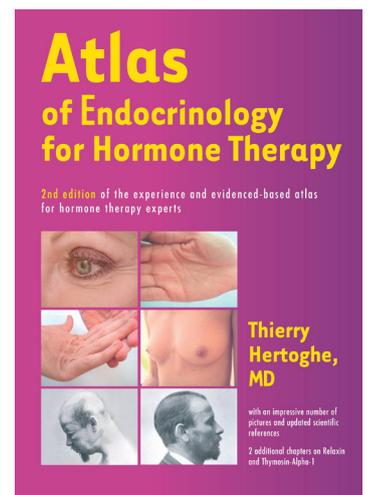
For the exam, concentrate your study on pages: 3-39, 43-73, 91-142, 183-242, 267-345, 361-375, 379-420.

290€

This unique atlas shows the **physical signs and complaints** of the 18 major hormone deficiencies and the 18 excesses encountered by physicians in their practices.

For the exam, concentrate your study on pages: 16-36, 69-76, 88-101, 110-116, 124-146, 208-219, 238-244, 250-258, 268-274, 310-318, 334-340, 348-355, 364-376

280€



To purchase the learning material visit our website : HertogheMedicalSchool.eu

Examination Content

You should have excellent theoretical training on how to diagnose, treat, and follow up on the **12 most frequent and important hormone deficiencies**:

- I Melatonin
- I Thyroid
- I Estrogen and progesterone
- I Testosterone in women
- I Testosterone in men
- I DHEA
- I Cortisol and glucocorticoids
- I Pregnenolone
- I Aldosterone and fludrocortisone
- I Oxytocin
- I Vasopressin
- I Growth hormone in adults

For the exam, in each chapter, **you should concentrate on the following subchapters:**

I **Diagnosing hormone deficiency** in the following domains:

- ▣ Medical history
- ▣ Timing of symptoms
- ▣ Psychological and physical complaints
- ▣ Physical signs
- ▣ Laboratory tests

I You should know the following domains of **hormone therapy administration and follow-up:**

- ▣ Administration route
- ▣ Treatment doses
- ▣ Factors that increase or reduce endogenous secretion
- ▣ Dose adjustments
- ▣ Overdose
- ▣ How to solve treatment problems

I Overall knowledge of **basic practical tips for hormone therapy** (found in the introductory chapter of The Hormone Handbook) is required.

I The ability to treat two **typical men's pathologies** (prostate hypertrophy and Peyronie's disease) and three typical **female disorders** (hirsutism, endometriosis, and ovarian cysts) is examined.

I You should be able to **detect physical signs of hormone deficiencies and excesses** (with pictures).

Practical details

I The exam cost is 1500 euros, excluding the learning material

I The exam includes **multiple choice questions** (five possible answers with only one correct answer).

I A good answer equals 1 point, no answer equals 0 points, and a wrong answer equals -0.2 points.

I A **minimum score of 60%** is needed to pass the exam.

I The number of questions is about 190.

I The time to complete the examination is a **maximum of 3 hours**.

I Difficulty level: **fair**. Around 70-85% of candidates are estimated to pass the exam on their first try.

Registration

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